

Message from the Chairman

It gives me great pleasure to once again welcome you all to Lough Sheelin for our 11th annual stream rehabilitation competition. More work was carried out on the half carton stream last year and we are currently doing enhancement work on the upper Mountnugent River near Ballyjamesduff.

There is no doubt that this work is having an impact. In the past number of weeks there is significant evidence of large numbers of small fish in the lake. We have seen the average size reducing but wild trout numbers are increasing. The average size is still above 2lb and Sheelin is still the place to consistently get big fish.

I would like to take this opportunity on behalf of the LSTPA to congratulate Jack Egan and the Irish Youth Team on winning the recent youth international in Lough Lene Killarney. Jack captained the team. He was a regular attendee at the LSTPA youth training days. He is a great role model for all of our other youth anglers in the region. Well done Jack.

Our competition this year is being held on **Sunday 2nd October** which is a change from our usual Saturday. We hope this will facilitate those anglers who have to work Saturdays and who have expressed a wish for a change in days.

I would like to acknowledge the help and support of local fishery staff in managing Lough Sheelin as a wild trout fishery. We would also like to acknowledge the support of the Midland Fisheries Fund in our work on habitat restoration. The LSTPA are committed to keeping Lough Sheelin a wild fishery and will continue to invest in maintaining the environment for wild brown trout.

I would like to thank our sponsors without whose support we could not do our work. I appeal to anglers to continue to support our sponsors.

The Stream Rehabilitation Competition continues to be great value, entry fee remains €90. We have a policy of providing great prizes and we believe that they are the best you will get in any competition. We appreciate the support that anglers give us and we look forward to see you on Sunday 2nd October.

Kenneth O'Keefe
Chairman LSTPA

Your Safety on the Lake is Important.

All anglers must wear a life jacket or buoyancy aid.

Anglers must also wear eye protection and a hat.

Please ensure that before you go out on the lake that you check your boat and make sure you have all the necessary items to ensure a safe days fishing. It is essential that all boats have a functioning set of oars. Ensure that the engine is working properly and that you have enough fuel for the day.

All operations of the boat should be governed by the conditions on the day. Take into account the wind and wave conditions.

Make sure that the kill cord if available is attached to your clothing if you are operating the engine.

One person at a time should change seats.

If a person falls overboard get them alongside the boat and proceed slowly towards the shore or shallow water. Be aware of the propeller and move slowly.

If you fall overboard always stay with the boat. If there is more than one person in the water you should all stay with the boat until help arrives.

Use common sense at all times to avoid danger.

Principal Sponsors

Sheelin Boats, Mountnugent, Co. Cavan

Sheelin Meats, Carrick, Finea, Co. Cavan

Southside Angling, Cork St, Dublin

Carty's Land and Sea Fishing Tackle, Bundoran

Rory's Fishing Tackle, Temple Bar, Dublin

Frankie McPhillips

Erne Fishing Tackle, Main St, Lisnaskea, Co. Fermanagh

Albert Berry Motors, Monaghan

Venture Sports, Glaslough St, Monaghan

Tracey Concrete, Enniskillen

Omard Kitchens

Sheridan Boatbuilding Family, Crosserlough, Co. Cavan

Pat Nolan, Premier Angling Supplies

Murtagh's Pharmacy, Ballinagh, Co. Cavan

East Coast Angling Navan and Drogheda

The LSTPA would like to acknowledge the help and support of all those who sponsored prizes.

Please support our sponsors in every way.

For Accommodation or boat hire contact our website
www.loughsheelinanglers.com



**LOUGH SHEELIN
TROUT PROTECTION
ASSOCIATION**



Stream Rehabilitation Competition

11th Annual one day Boat Competition
at Kilnashard Pier, Lough Sheelin, Co. Cavan.

Sunday 2nd October 2016

Fishing from 11.00am to 6.00pm.

All proceeds in aid of stream enhancement and rehabilitation.

The LSTPA would like to acknowledge the assistance of the Midland Fisheries Fund and Inland Fisheries Ireland in wild trout habitat restoration work.

€9,000 in Prizes

**First Prize: 19ft Sheelin Boat
+ Paddy Sheridan Memorial Cup**

Official Entry Form

Name (please PRINT) _____

Full Address _____

Telephone _____

Email _____

Name of boat partner _____

Cheques and postal orders made payable to the LSTPA.
No entries accepted without Name address and telephone number.

Entries to:
Éamonn Ross
Ardlougher
Ballyconnell
Co. Cavan
086 661 9834 / 049 952 6602
Please do not send cash through the post.

Closing date for entries is Friday 23rd September 2016.

Entry Fee €90 including Meal.
Meal served in Crover House Hotel.

Competition Rules

Fly fishing only maximum 4 flies.
All prizes will be for the heaviest fish. In the event of there being a tie for weights the longer fish will be declared the winner. All lighter fish should be returned in the interest of conservation.
Competitors to arrange their own boats and engines.
Fish must measure 16 inches from tip of nose to middle of fork of tail.
All fish killed must be weighed in. 2 fish bag limit.
Any competitor found in possession of an undersized fish will have his/her entire catch disqualified.
Any competitor found trolling lures or flies will be disqualified.
No boat may fish within 100 yards of the boat in front or cut in on the drift of another boat.
Only Brown trout will weigh in.
Boats, bags, and gear may be inspected at any time.
Boats must be inside the markers by 6.00pm.
All fish must be handed in by 6.15pm.
Each competitor must hand in his/her own fish, labelled and strung, for weighing.
All competitors fish at their own risk. The organising committee and the LSTPA will not be responsible for any accident or loss.
All entrants who are not members of the LSTPA will be enrolled as members of the Club for the duration of the competition.
Any competitor found discarding litter in boats or at landing points will be disqualified.
All competitors must wear life jackets, eye protection & hat.
No fish finders allowed.
Any disputes will be referred to a disputes committee who will adjudicate following consultation with all relevant people.
The decision of the disputes committee is final. All entries are accepted subject to this condition.
All prizes must be collected on the night of the competition.
Fishing from the shore is not allowed.
All competitors must sign in before start.
In the event of inclement weather or other unforeseen circumstances the committee may at its discretion hold a lottery of all paid entrants to distribute all the prizes. The committees decision in this regard will be final.
All entries are accepted on the basis that the above rules are fully accepted by the entrant.
All entries must be received by the closing date.

Competition Prizes

- 1st** Sheelin Boat + Paddy Sheridan Memorial Cup + Tackle to the value of €350
- 2nd** 6hp Engine + Boat Seat + Fly Line + Fly Reel
- 3rd** Sage Fly Rod Electric Engine + Boat Seat Life Vest + Fly Line
- 4th** Electric Engine Life Vest + Boat Seat
- 5th** Fly Rod + Fly Reel + Fly Line + Tackle Voucher
- 6th** Life Jacket/Vest + Boat Seat + Fly Line + Fishing Tackle
- 7th** Like jacket/Vest + Fly Line + Fishing Tackle
- 8th** 2 Nights BB + Boat Hire Crover House + Fishing Tackle
- 9th** Fishing Tackle to the value €150
- 10th** Fishing Tackle to the value of €100
- 11th** Fishing Tackle to the value €80
- 12th** Fishing Tackle to the value €75
- 13th** Fishing Tackle to the value of €70
- 14th** Fishing Tackle to the value €60
- 15th** Fishing Tackle to the value €50

Special Prize for best club member.
The committee reserve the right to change prizes to ones of equal value.

Anglers who have difficulty in arranging a boat should contact (after 6pm)

Thomas Lynch Secretary LSTPA
and Boat Manager
at 087 913 2033